

September 2019

Franklin Township School Lunch

Price List Student lunch: \$2.95 Reduced Lunch: \$0.40 Teachers Lunch: \$3.45

MONDAY

2

TUESDAY

3

- Hamburger on a Bun or Cheeseburger on a Bun
- Emoji Fries
- Apple Slices

WEDNESDAY

4

- Popcorn Chicken
- Soft Pretzel Stick
- Freshly Prepared Veggie Dippers

THURSDAY

5

- Pancakes 🥞
- Breakfast Sausages
- Sweet Potato Waffle Fries
- Fruit Compote

FRIDAY

6

- Bella's Pizza 🍕
- Freshly Prepared Italian House Salad
- Maschio's Lemon/Cherry Frozen Sorbet

9

- Crispy Chicken Sandwich with Lettuce & Tomatoes
- Freshly Prepared Veggie Dippers

10

- Beef Twin Tacos with Shredded Cheddar Cheese, Lettuce, Tomatoes, and Salsa
- Steamed Rice
- Southwestern/Fiesta Corn

11

- Pasta with Meat Sauce 🍝
- Garlic Bread
- Italiano Green Beans

12

- All-Natural Beef Hot Dog on a Bun
- Oven Baked Onion Rings
- BBQ Baked Beans

13

- Personal Pan Pizza 🍕
- Freshly Prepared Freshly Prepared Caesar Salad

16

- Chicken Nugget Basket with Tater Tots and Soft Pretzel Stick

17

- Grilled Cheese Sandwich
- Tomato Soup
- Cucumber Coins

18

- Waffles
- Breakfast Sausages
- Hash Browns
- Strawberry Applesauce

19

- Sweet and Sour Popcorn Chicken with Rice
- Steamed Broccoli
- Fortune Cookie 🍪

20

- Pizza Crunchers with Marinara Sauce
- Freshly Prepared Spring Mix Salad

23

- Grilled Chicken Sandwich
- Country Slaw
- Jersey Fresh Pepper Dippers

24

- Sausage, Egg, & Cheese on a Croissant Bun 🥞
- Hash Browns
- Jersey Fresh Watermelon 🍉

25

- Creamy Mac & Cheese
- Soft Pretzel Stick
- Freshly Prepared Cucumber Coins
- Jersey Fresh Apple 🍏

26

- Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa
- Steamed Rice
- Black Bean and Corn Salad

27

- Stuffed Crust Pizza 🍕
- Freshly Prepared Jersey Fresh Cucumber & Tomato Salad

30

- Popcorn Chicken
- Dinner Roll
- Peas & Carrots

1

2

3

4

Maschio's Daily Swap Outs: Tuna Salad Sandwich Cereal Bag w/ Yogurt 1 Cheese Steak Pretzels and choice of fruit, Vegetable and Milk Assorted Salads w/ Protein Chicken Nuggets w/Roll , Pizza

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: franklinschool.nutrislice.com/menu/franklin-township-school/lunch/
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