

January 2019

Franklin Township School

Lunch

Price List Student lunch: \$2.95 Reduced Lunch: \$0.40 Teachers Lunch: \$3.45

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 New Year's Day - No School	2 • Popcorn Chicken • Dinner Roll • Battered French Fries • Assorted Fresh or Chilled Fruit • Milk Variety	3 • Beef Hot Dog on a Bun • Oven Baked Beans • Assorted Fresh or Chilled Fruit • Milk Variety	4 • Cheese Pizza • Freshly Prepared Italian House Salad • Assorted Fresh or Chilled Fruit • Milk Variety
7 • Crispy Chicken Sandwich • Tater Tots • Assorted Fresh or Chilled Fruit • Milk Variety	8 • Bacon, Egg, & Cheese Croissant • Hash Brown Rounds • Assorted Fresh or Chilled Fruit • Milk Variety	9 • Breaded Ravioli w/Marinara Sauce • Steamed Carrots • Assorted Fresh or Chilled Fruit • Milk Variety	10 • Corn Dog Nuggets • Buttered Noodles • Green Peas • Assorted Fresh or Chilled Fruit • Milk Variety	11 • Cheese Pizza • Freshly Prepared Garden Salad • Assorted Fresh or Chilled Fruit • Milk Variety
14 • Chicken Nuggets • Dinner Roll • Mashed Potatoes • Green Beans • Assorted Fresh or Chilled Fruit • Milk Variety	15 • Beef Nacho Platter • Steamed Rice • Assorted Fresh or Chilled Fruit • Milk Variety	16 • Mac & Cheese • Soft Pretzel Stick • Hot Vegetable • Assorted Fresh or Chilled Fruit • Milk Variety	17 • California Burger on a Bun • Crinkle Cut French Fries • Assorted Fresh or Chilled Fruit • Milk Variety	18 • Pepperoni Pinwheel • Freshly Prepared Caesar Salad • Assorted Fresh or Chilled Fruit • Milk Variety
21 MLK Day - No School	22 • Breakfast for Lunch • French Toast Sticks • Breakfast Sausage • Hot Potato • Assorted Fresh or Chilled Fruit • Milk Variety	23 • Philly Chicken • Cheesesteak • Country Slaw • Assorted Fresh or Chilled Fruit • Milk Variety	24 • Grilled Cheese Sandwich • Tomato Soup • Cucumber Coins • Assorted Fresh or Chilled Fruit • Milk Variety	25 • Ciao's Pizza • Freshly Prepared Italian House Salad • Assorted Fresh or Chilled Fruit • Milk Variety
28 • Chicken Fries • Dinner Roll • Hot Potato • Assorted Fresh or Chilled Fruit • Milk Variety	29 • Brunch for Lunch • Pancakes • Breakfast Sausage • Hash Brown Rounds • Assorted Fresh or Chilled Fruit • Milk Variety	30 • Twin Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce & Tomatoes, and Salsa • Steamed Rice • Steamed Corn • Assorted Fresh or Chilled Fruit • Milk Variety	31 • Hamburger on a Bun or Cheeseburger on a Bun • Sweet Potato Fries • Assorted Fresh or Chilled Fruit • Milk Variety	



Maschio's Daily Swap Outs: Tuna Salad Sandwich Bagel Bag w/ Cheese Grilled Cheese Sandwich Assorted Salads w, Protein, Pizza

All Meals Served All meals are served with the Vegetable of the Day and/or a selection from Mac's Veggie Patch, Fruit of the Day and Low Fat Milk Choice.

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for Items are based on NutriKids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.